



Community Children's
Health Partnership



School Health Nurses Free webinars for parents and carers

**Practical and informative online sessions from
your expert team of local School Health Nurses.**

Our webinars last between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.



Topics include:

- Keeping your child happy and healthy
- Healthy eating and physical activity
- Supporting your child's emotional wellbeing
- Eating disorder awareness
- Dental health
- Sleep

Service provided by



Find out more and book your free space:
cchp.nhs.uk/schoolnursewebinars