

Summer holiday ideas and activities for children and young people with Special Educational Needs and Disabilities (SEND)

With a change in routine and round-the-clock care, the summer holidays can be a challenging time for parents and carers of children and young people with SEND. And finding events, activities and days out that meet their needs is no easy task.



Sometimes the best plans are the most simple; a walk to the park, playing in the garden or a ride on the bus. But if you are looking for ideas, we've come up with a list which we hope you'll find useful and ensure that your child has a fun, safe and happy school holiday...

- [SGPC - Our Community | Facebook](#) - The 'SGPC - Our Community' Facebook group can be used throughout the school holidays. We have a post currently pinned to the top of our page for parent carers to share summer holiday ideas.
- [Incrediblekids.org.uk](#) - Incredible Kids is a play centre which runs various sessions during term time and in the holidays for children with additional needs. Membership is free but sessions cost approx £4 per family, held at The Vench in Lockleaze.

- [Gympanzees](#) – A world of fun and fitness for all disabled children. Gympanzees have a lending library during term time and offer pop-up sessions during the school holidays. Location for this summer is The Venturers Academy in Withywood.
- [Jigsaw](#) in Thornbury runs sessions for children with additional needs and disabilities through the holidays as well as during term time. Free to join. They also have an SEN lending library, events and meetings.
- <https://www.autism.org.uk/what-we-do/branches/south-gloucestershire> National Autistic Society (NAS) South Glos branch. Need a diagnosis of social communication or autism to access the activities on offer but no diagnosis needed to access some of the support.
- [Nothing Special | Facebook](#) Nothing special arrange accessible activities at quieter times.
- [School holiday activities and food programme | South Gloucestershire \(southglos.gov.uk\)](#) Holiday activities and food programme (HAF) - Food and activities for children who are entitled to free school meals. A small amount of funding is also allocated for SEN children.
- [Yeo Valley Lions Club - Special Needs Playground at Kingston Seymour](#) Playground for children with additional needs to enjoy. A lovely safe space with fully accessible equipment based in Clevedon. One-off fee of £2.50.
- Projects with our communities - [Activities with Milestones Trust](#) - Warmley Wheelers is a scheme for children and young people with health conditions to be able to access cycling through some specialist equipment.

Organisations who hold specific SEND sessions:

- Super Sense
- Access Sports
- Airhop
- Wacky Warehouse
- Jump soft play
- Hengrove park

- Active centres
- Bristol Family Cycling Centre
- Mud Pie Explorers (forest school)
- Wake the Tiger
- Bump roller disco
- Ninja Warrior

Planning ahead for the school holidays...

- [Special Friends Club - Supporting children with special needs and their families](#) – pay a quarterly fee. Access to lots of activities and days out during the holidays. Majority are included in the membership and consist of visits to farms, zoos, swimming pools, cinema, theme parks and theatre shows etc.
 - [Childrens Playlink | Brandon Trust](#) playschemes for children with additional needs. Most children get one-to-one. Sessions are during the school holidays and most children are offered one to two sessions per week plus additional days out. Cost of each session is around £7.
 - [Welcome - Bournstream Trust - The Bournstream Trust, an outdoor adventure play area for children with special needs in Wooten Under Edge, Gloucestershire, Uk](#) A play area that is private and a safe space for children with additional needs to have some fun. One-off lifetime subscription of around £10. Joining list is currently full but will open again.
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Don't forget to sign up to our [database](#) to receive the latest SEND news and information, as well as a list of all of our upcoming workshops and support sessions